

Trinity Christian School Athletics Handbook

2026 -2027



Faith First. Compete with Excellence. Represent Christ.

Colossians 3:23

Soli Deo Gloria

TABLE OF CONTENTS

TABLE OF CONTENTS	1
WELCOME LETTER	4
ATHLETIC DEPARTMENT LEADERSHIP & CONTACT INFORMATION	5
Athletic Director	5
Assistant Athletic Director	5
Athletics Website:	5
Bound Registration Link:	5
Social Media:	5
School Information	5
Athletic Department Leadership	6
Role of Coaches	6
Role of Student-Athletes	6
Role of Parents	6
Athletic Program Offerings	7
CORE VALUES	8
Faith First	8
Integrity	8
Excellence	8
Humility	8
Discipline	8
Teamwork	8
Servant Leadership	8
MISSION & PHILOSOPHY	9
Trinity Christian School Mission Statement	9
Trinity Christian Athletics Mission Statement	9
Athletics Philosophy	9
Faith First Culture	10
COACHING PHILOSOPHY & EXPECTATIONS	11
The Role of a Trinity Christian Coach	11
Coach Communication Expectations	11
REGISTRATION REQUIREMENTS	12
Enrollment & Participation Eligibility	12
Bound Athletic Registration	12
Required Participation Items	12
Athletic Physicals	13
Concussion Education Requirement	13
Pay-to-Play Fees	13

Weight Room Clearance Requirement	14
ACADEMIC ELIGIBILITY	15
Academic Accountability	15
Eligibility Status Levels	15
Progress Reports & Grade Checks	16
After School Academic Support (ASAS)	16
Academic Integrity	17
School Attendance Expectations	17
STUDENT-ATHLETE EXPECTATIONS	18
General Expectations	18
Sportsmanship Expectations	18
Team Commitment	19
Withdrawing from a Team	19
Practice Expectations	19
Dress Code & Appearance	20
Social Media & Digital Conduct	20
Uniforms & Equipment	20
Travel & Bus Expectations	21
Bus & Vehicle Expectations	21
Visiting Other Schools & Facilities	21
PARENT EXPECTATIONS & COMMUNICATION	23
Parent Partnership Expectations	23
Communication Expectations	23
Athletic Communication Platforms	24
Topics for Parent Discussion	24
24-Hour Communication Guideline	25
Communication Process	25
Parent & Spectator Conduct	25
Parent Volunteer Opportunities	25
Respect for Officials	26
TEAM SELECTION & PLAYING TIME PHILOSOPHY	27
Team Selection	27
Program Structure	27
Playing Time Philosophy	28
Athlete Development Philosophy	28
Multi-Sport Participation	28
Same-Season Multi-Sport Participation	29
HEALTH, SAFETY & MEDICAL EXPECTATIONS	31
Emergency Situations	31
Injury Reporting	31
Medical Clearance & Return to Participation	31

Concussion Awareness	32
Illness & Participation	32
Medication & Medical Treatment	32
Hydration & Environmental Safety	33
Weight Room & Strength Training Safety	33
ATHLETIC PARTICIPATION, DISCIPLINE & SPORTSMANSHIP	34
Sportsmanship & Conduct Expectations	34
Technical Fouls, Ejections & Unsportsmanlike Conduct	34
Fighting & Physical Altercations	35
Academic Dishonesty	35
Student-Athlete Discipline, Suspension & Removal	35
 Summer & Offseason Programs	36
Restoration & Growth	37
ATHLETIC OPERATIONS & GAME DAY EXPECTATIONS	38
Practice & Contest Attendance	38
Game Day Expectations	38
Uniforms & Team Equipment	39
Facility & Locker Room Expectations	39
Facility Stewardship	39
Transportation Expectations	40
Early Dismissal & Academic Responsibility	40
Photography, Livestreams & Media	40
AWARDS, RECOGNITION & ATHLETIC HONORS	41
Scholar Athlete Award	41
Varsity Letter Awards	41
Warrior's Wreath Recognition	41
Team Awards & Recognition	42
Postseason & League Recognition	42
Eligibility for Recognition	42
FINAL PARTICIPATION STATEMENT	43

WELCOME LETTER

Welcome to Trinity Christian Athletics.

At Trinity Christian School, we believe athletics are far more than games, wins, records, or championships. Athletics provide a unique opportunity to develop young men and women spiritually, mentally, emotionally, and physically while teaching them how to compete, lead, serve, persevere, and honor Christ in every circumstance.

Our desire is that every student-athlete who participates in Trinity Athletics would grow in their faith, character, discipline, teamwork, and leadership while representing Jesus Christ and Trinity Christian School with integrity.

We believe competition is a gift from God and that pursuing excellence honors Him when done with humility, selflessness, and gratitude. Whether in victory or defeat, our goal is to compete in a manner worthy of Christ.

Trinity Athletics exists to support the overall mission of Trinity Christian School by helping students grow into Christ-centered young men and women who pursue excellence in the classroom, in competition, and in life.

Our commitment is to maintain a “Faith First” athletic culture where:

- Christ is honored above all else
- Character matters more than outcomes
- Team comes before self
- Accountability is embraced
- Excellence is pursued with humility
- Athletics serve as a platform for discipleship and leadership

As parents, coaches, and school leaders, we desire to partner together in the development of each student-athlete. Healthy communication, mutual respect, and shared purpose are essential to building a strong athletic culture.

Thank you for being part of Trinity Christian Athletics.

“Whatever you do, work heartily, as for the Lord and not for men.”
— Colossians 3:23

Soli Deo Gloria,
Tyler Nelson
Athletic Director

Alicia Anderson
Assistant Athletic Director

ATHLETIC DEPARTMENT LEADERSHIP & CONTACT INFORMATION

Athletic Director

Tyler Nelson

Email: tyler.nelson@trinitychristianaz.com

Phone: 928-445-6306 ext. 204

Assistant Athletic Director

Alicia Anderson

Email: alicia.anderson@trinitychristianaz.com

Phone: 928-445-6306

Athletics Website:

Main: <https://www.trinitychristianaz.com/warrior-athletics>

Warrior Athletics HUB: <https://sites.google.com/trinitychristianaz.com/trinityathletics/home>

Bound Registration Link:

<https://www.gobound.com/az/schools/trinitychristian>

Social Media:

Facebook - <https://www.facebook.com/trinitychristianathleticswarriors>

Instagram - https://www.instagram.com/trinityathletics_warriors

School Information

Mascot: Warriors

School Colors: Burgundy and Gray

Athletic Association:

Trinity Christian School participates in the Canyon Athletic Association (CAA).

Athletic Department Leadership

The Trinity Christian Athletic Department exists under the leadership of the Headmaster and Athletic Director to support the mission of Trinity Christian School through Christ-centered athletic opportunities.

The Athletic Department oversees:

- Athletic operations
- League compliance
- Scheduling and event management
- Coach supervision and hiring
- Student-athlete eligibility
- Athletic communication
- Program development
- Athletic culture and discipleship
- Parent Accountability

Role of Coaches

Trinity Christian coaches are expected to serve as mentors, leaders, and disciple-makers while helping student-athletes grow spiritually, athletically, emotionally, and relationally.

Coaches are expected to:

- Demonstrate Christlike leadership
- Teach integrity and sportsmanship
- Build meaningful relationships with athletes
- Communicate clearly with families
- Promote accountability and discipline
- Create safe and organized environments
- Represent Trinity Christian School with excellence

Role of Student-Athletes

Student-athletes are expected to represent Jesus Christ and Trinity Christian School with integrity in the classroom, in competition, online, and within the community.

Participation in athletics is both a privilege and a responsibility.

Role of Parents

Parents play a vital role in supporting the mission and culture of Trinity Athletics.

Parents are expected to:

- Support coaches and team culture
- Encourage sportsmanship and Christlike behavior
- Promote healthy perspective and balance
- Communicate respectfully and appropriately
- Reinforce the values of Faith First
- Model Christlike conduct at athletic events

- Respect officials, opposing teams, coaches, and spectators
- Demonstrate positive support for all student-athletes
- Refrain from coaching from the stands or engaging in confrontational behavior
- Represent Trinity Christian School with integrity both at home and away contests

Athletic Program Offerings

Athletic offerings may vary from year to year based upon participation, staffing, league alignment, and program development.

Current athletic offerings, schedules, and coaching assignments can be found through:

- Trinity Christian School Website
- Bound
- Official Trinity Athletics communication platforms
- Trinity Athletics social media accounts

CORE VALUES

Faith First

We pursue Christ above all else and seek to honor Him through athletics, leadership, and competition.

Integrity

We strive to demonstrate honesty, accountability, and Christlike character in every environment.

Excellence

We pursue excellence in preparation, effort, attitude, academics, and competition.

Humility

We compete and lead with selflessness, gratitude, and servant-hearted attitudes.

Discipline

We embrace hard work, responsibility, commitment, and perseverance.

Teamwork

We value unity, encouragement, sacrifice, and putting the team before ourselves.

Servant Leadership

We use athletics as an opportunity to lead, serve, and positively impact others.

MISSION & PHILOSOPHY

Trinity Christian School Mission Statement

Trinity Christian School partners with parents to provide a Christ-centered, Biblically based classical education that nurtures the whole child.

Trinity Christian Athletics Mission Statement

Trinity Christian Athletics exists to partner with parents in developing student-athletes who honor Jesus Christ through competition, teamwork, discipleship, and the pursuit of excellence. We seek to help students grow spiritually, physically, and relationally as they learn to think biblically, compete with integrity, and carry their testimony of Christ into every venue where they participate.

Athletics Tagline: Faith First. Compete with Excellence. Represent Christ.

Athletics Philosophy

At Trinity Christian School, athletics are an extension of the classroom and an important part of the discipleship process.

We believe:

- Athletics are an opportunity to glorify God.
- Winning is valued, but character is valued more.
- Adversity builds perseverance, maturity, and faith.
- Teamwork teaches selflessness and servant leadership.
- Coaches are mentors and disciple-makers.
- Student-athletes should pursue excellence in both academics and athletics.
- The way we compete should reflect the character of Christ.

Our athletic programs strive to build teams that compete with intensity, humility, discipline, and sportsmanship.

We desire for Trinity student-athletes to be known for:

- | | |
|----------------|---------------------------|
| • Integrity | • Toughness |
| • Effort | • Encouragement of others |
| • Respect | • Love for Christ |
| • Selflessness | |

Faith First is not simply a slogan — it is the foundation of everything we do.

“Whatever you do, do all to the glory of God.”

— 1 Corinthians 10:31

Faith First Culture

At Trinity Christian School, athletics are intended to be an extension of discipleship and Christian education.

We desire for every team and program to reflect:

- Humility
- Discipline
- Servant leadership
- Accountability
- Unity
- Competitive excellence
- Christlike conduct

Faith First is the foundation of Trinity Athletics and should be evident in the way we practice, compete, communicate, and lead.

COACHING PHILOSOPHY & EXPECTATIONS

Trinity Christian coaches serve in a position of significant influence and leadership within the lives of student-athletes.

Coaches are expected to support the mission of Trinity Christian School by helping student-athletes grow spiritually, emotionally, relationally, and athletically while modeling Christlike leadership and integrity.

Athletics at Trinity Christian School are intended to be an extension of discipleship and Christian education.

The Role of a Trinity Christian Coach

Trinity Christian coaches are expected to:

- Demonstrate Christlike character and leadership
- Teach and model integrity, sportsmanship, and humility
- Encourage accountability, discipline, and teamwork
- Build meaningful relationships with student-athletes
- Promote spiritual growth and healthy team culture
- Communicate clearly and professionally with families
- Create safe, organized, and positive athletic environments
- Teach their sport well

Coach Communication Expectations

Coaches are expected to maintain healthy and professional communication with

- Student-athletes
- Parents
- Opposing schools
- Officials
- Athletic Department leadership

Communication should consistently reflect:

- Respect
- Professionalism
- Clarity
- Integrity
- Christlike conduct

Trinity Christian Athletics desires coaches who use athletics as an opportunity to mentor, disciple, teach, and positively influence young men and women for the glory of God.

REGISTRATION REQUIREMENTS

All student-athletes must complete the required athletic registration process prior to participation in practices, tryouts, contests, or team activities.

The Athletic Department utilizes Bound as the official athletic registration and communication platform.

Families are responsible for ensuring all registration requirements are completed prior to participation.

Enrollment & Participation Eligibility

Participation in Trinity Christian Athletics is primarily available to students enrolled at Trinity Christian School.

Part-time, homeschooled, transfer, dual-enrollment, and other nontraditional students may be permitted to participate when allowed by Trinity Christian School policy and applicable Canyon Athletic Association requirements. Participation may depend upon enrollment status, academic standing, roster availability, and administrative approval.

Eligibility questions should be directed to the Athletic Director. Final participation decisions will be made by school administration in accordance with school and league requirements.

Bound Athletic Registration

Trinity Christian School utilizes Bound for:

- Athletic registration
- Eligibility documentation
- Team schedules
- Rosters
- Athletic communication
- Pay-to-Play invoicing

Families are responsible for maintaining accurate and current information within their Bound account.

Official athletic information and schedules should be viewed through Bound whenever possible.

You can access Trinity Christian Athletics through: www.gobound.com/az/schools/trinitychristian

[Trinity Christian Athletics Bound Page](#)

Required Participation Items

The following items must be completed before participation is permitted:

- Current athletic physical examination
- CAA-required concussion education course
- Student-athlete and parent handbook agreements
- Code of Conduct acknowledgment
- Any required athletic participation forms
- Completion of registration within Bound
- Payment of athletic fees or approved payment arrangements
- Completed Weight Room & Strength Training Waiver (when applicable)

Failure to complete registration requirements may result in delayed or denied participation.

Athletic Physicals

Student-athletes are required to maintain a current athletic physical examination on file with the Athletic Department. These must be completed annually.

Physicals must:

- Be completed by an approved medical professional
- Remain valid throughout the athletic season
- Meet all CAA participation requirements

Student-athletes whose physical expires during a season may not continue participation until updated documentation has been submitted.

Concussion Education Requirement

The Canyon Athletic Association requires concussion education for participating student-athletes.

Concussion education requirements must be completed according to current CAA guidelines before participation in contests is permitted. There are two sources for these requirements. The course must be completed once during Junior High and once during High School.

1. [Barrow Brain Book](#)
2. [NFHS Concussion For Students](#)

Once completed, proof of completion needs to be turned in either in Bound or to the Athletic Office where it will be kept in the student file.

Pay-to-Play Fees

Trinity Christian Athletics utilizes a Pay-to-Play fee structure to help support athletic program operations and expenses.

Fees help offset costs including:

- Officials
- Transportation
- Equipment
- Uniforms
- League participation
- Facility operations

Families will receive invoices through the Bound Family Portal after team selection has been finalized.

Families experiencing financial hardship are encouraged to communicate directly with the Athletic Director regarding possible assistance or payment arrangements.

Student-athletes may not continue participation if athletic fees remain unpaid without approved arrangements.

Weight Room Clearance Requirement

Student-athletes may be required to complete a Weight Room & Strength Training Waiver prior to participating in athletic strength and conditioning activities or utilizing Trinity Christian weight room facilities.

Completion of the waiver acknowledges:

- Understanding of facility expectations and safety procedures
- Assumption of inherent risks associated with athletic training activities
- Agreement to follow coach and supervisor instructions
- Commitment to respectful and safe behavior within the facility

Student-athletes may not participate in organized strength and conditioning activities until all required documentation has been completed.

ACADEMIC ELIGIBILITY

Trinity Christian School believes academics are the primary responsibility of every student-athlete.

Athletics are intended to support — not replace — the educational mission of the school.

Student-athletes are expected to demonstrate responsibility, integrity, effort, and accountability in the classroom while participating in athletics.

Academic Accountability

Participation in athletics requires student-athletes to maintain satisfactory academic standing.

The Athletic Department and school administration desire to support student-athletes while helping them develop healthy habits of:

- Time management
- Responsibility
- Communication
- Discipline
- Academic perseverance

Our eligibility process is intended to encourage growth, accountability, and long-term success rather than simply serve as punishment.

Eligibility Status Levels

Green Status

Student-athletes earning 75% or higher in all classes are considered fully eligible and in good academic standing.

Green Status student-athletes:

- May fully participate in athletics
- Are not required to attend ASAS (After School Academic Support)
- Are expected to maintain consistent academic effort

Yellow Status

Student-athletes earning between 70%–74% in one or more classes may remain eligible for participation but will be placed on **Yellow Status**.

Yellow Status student-athletes:

- Remain eligible for contests and travel
- Are required to attend ASAS.
- Must attend ASAS before practice, as academic support takes priority over athletic participation
- May attend practice once ASAS is complete
- Must demonstrate academic improvement and accountability

Red Status

Student-athletes earning below 70% in one or more classes may be placed on Red Status. Red Status is activated only at official report card grading periods.

Red Status student-athletes:

- May not participate in contests or team travel
- May participate in practices as determined by administration and coaching staff
- Are required to attend ASAS
- Must improve grades before regaining full eligibility

Progress Reports & Grade Checks

Eligibility reviews may occur at:

- Progress Reports
- Quarterly Report Cards
- Periodic administrative grade checks (These will be listed at the beginning of each quarter.)

The Athletic Director will communicate eligibility updates with student-athletes, parents, and coaches.

Additional grade checks may occur throughout the season to support accountability and student success.

After School Academic Support (ASAS)

After School Academic (ASAS) exists to support student-athletes who require additional academic accountability or assistance.

Students assigned to ASAS are expected to:

- Arrive on time
- Use the time productively
- Demonstrate respectful behavior
- Complete assigned academic work

Failure to attend required ASAS sessions may impact athletic eligibility.

Academic Integrity

Student-athletes are expected to demonstrate honesty and integrity in all academic work.

Acts of academic dishonesty including cheating, plagiarism, or repeated classroom misconduct may result in athletic consequences in addition to school discipline.

Athletics should never take priority over integrity.

School Attendance Expectations

Student-athletes are expected to attend classes consistently, arrive on time, and demonstrate responsibility throughout the school day.

In order to participate in practices or contests, student-athletes must attend at least half of their scheduled classes for that school day.

If a student-athlete will miss class time due to illness, appointments, travel, or other circumstances, communication must occur with both the parent and coach prior to the absence whenever possible.

Failure to properly communicate absences in advance may result in forfeiture of participation opportunities for that day's practice or contest.

As a general expectation, if a student-athlete is too sick to attend school, they are considered too sick to participate in athletic practices or contests that same day.

Special circumstances may be reviewed on a case-by-case basis by the coach and Athletic Director when proper communication has occurred.

Student-athletes represent Trinity Christian School both academically and athletically and are expected to uphold school expectations in all settings.

STUDENT-ATHLETE EXPECTATIONS

Participation in Trinity Christian Athletics is both a privilege and a responsibility.

Student-athletes are expected to represent Jesus Christ and Trinity Christian School with integrity, humility, discipline, and sportsmanship in the classroom, in competition, online, and within the community.

Athletics provide an opportunity to grow spiritually, relationally, emotionally, and physically while learning commitment, perseverance, teamwork, and leadership.

General Expectations

Trinity Christian student-athletes are expected to:

- Honor Jesus Christ in conduct, speech, and attitude
- Demonstrate integrity and honesty
- Respect coaches, teammates, opponents, officials, teachers, and spectators
- Compete with effort, humility, and selflessness
- Encourage and support teammates
- Demonstrate coachability and accountability
- Represent Trinity Christian School positively on and off campus
- Follow all team, school, and athletic department expectation

These expectations apply to all Trinity athletic activities throughout the year, including regular-season, summer, and offseason programs. Violations are subject to the Student-Athlete Discipline, Suspension & Removal policy contained in this handbook.

Student-athletes should understand that they are ambassadors of both Christ and Trinity Christian School.

Sportsmanship Expectations

Trinity Christian Athletics expects exemplary sportsmanship from all student-athletes.

Unsportsmanlike conduct includes, but is not limited to:

- Disrespect toward officials, coaches, opponents, teammates, or spectators
- Profanity or inappropriate language
- Taunting, intimidation, or bullying
- Fighting or physical altercations
- Unsportsmanlike gestures, words, or behavior
- Disruptive sideline or bench behavior
- Harassment or bullying through social media or other digital communication

Such conduct may result in corrective action, suspension, or dismissal from athletic participation in accordance with the **Student-Athlete Discipline, Suspension & Removal** policy.

Student-athletes are expected to demonstrate composure, humility, self-control, and respect regardless of the circumstances or outcome of competition.

Team Commitment

Participation on a Trinity athletic team requires commitment to teammates, coaches, and the program.

Student-athletes are expected to:

- Attend practices consistently
- Arrive on time and prepared
- Communicate responsibly regarding absences and any other necessary communication
- Demonstrate good attitude, effort and focus during practices and contests
- Support team culture and unity

Repeated unexcused absences, poor effort, disruptive behavior, or failure to meet team expectations may result in reduced participation or disciplinary action up to and including dismissal from the team.

Withdrawing from a Team

Student-athletes are encouraged to complete the season once they accept a position on a team. If circumstances make continued participation difficult, the student-athlete and parent should communicate directly with the coach before making a final decision.

A student-athlete who withdraws from a team must promptly return all school-issued uniforms and equipment. Pay-to-Play fees are generally nonrefundable after team selection and the beginning of the season.

Withdrawing from a team may affect eligibility for team awards, varsity letters, or other postseason recognition. Health, family, academic, or other significant circumstances may be reviewed by the Athletic Director on a case-by-case basis.

Practice Expectations

Practices are essential to both individual and team development.

Student-athletes are expected to:

- Arrive on time
- Be mentally engaged
- Practice with effort and discipline

- Demonstrate positive body language and attitude
- Encourage teammates
- Compete in a healthy and respectful manner
- Report injuries

Practice habits directly impact player development, team roles, and opportunities for participation.

Dress Code & Appearance

Student-athletes are expected to follow all Trinity Christian School dress code expectations during the school day and at athletic functions.

Athletes should represent Trinity Christian School in a respectful and professional manner while traveling, competing, or participating in team activities.

Team dress expectations for game days or travel may be established by individual coaching staffs with approval by the Athletic Department.

Social Media & Digital Conduct

Student-athletes and families represent Trinity Christian School both in person and online.

Student-athletes and families are expected to:

- Use social media responsibly
- Avoid inappropriate, offensive, or divisive content
- Refrain from attacking teammates, coaches, opponents, officials, or schools online
- Demonstrate Christlike conduct in all digital interactions
- Protect the unity and reputation of the team and school

Inappropriate online behavior may result in athletic and/or school discipline.

Uniforms & Equipment

Student-athletes are responsible for the care and return of all issued uniforms and equipment.

Uniforms should:

- Be worn only for approved athletic events
- Be maintained appropriately
- Be returned promptly at the end of the season
- Washed regularly during the season

Damaged, lost, or unreturned equipment may result in replacement costs being assigned to the student-athlete.

Travel & Bus Expectations

Traveling for athletic contests is an extension of the classroom, the athletic program, and the mission of Trinity Christian School.

Student-athletes are expected to represent Jesus Christ and Trinity Christian School with integrity, respect, gratitude, and maturity while traveling, visiting other campuses, and interacting within the community.

Bus & Vehicle Expectations

Student-athletes are expected to:

- Respect bus drivers, coaches, chaperones, and fellow passengers
- Follow all directions given by drivers and supervising adults
- Remain seated and behave appropriately while vehicles are in motion
- Keep noise levels appropriate and respectful
- Refrain from music, videos, or language that is inappropriate, vulgar, or disruptive
- Avoid playing music at excessive volume levels that may distract or interfere with the driver
- Treat school vehicles with care and respect
- Help clean buses and school vehicles upon returning from trips

School transportation should be left clean and in good condition following all travel.

Visiting Other Schools & Facilities

Student-athletes are expected to be gracious and respectful guests at all opposing schools, athletic facilities, restaurants, hotels, and community locations visited during team travel.

This includes:

- Respecting property and facilities
- Following venue rules and expectations
- Demonstrating sportsmanship and Christlike behavior
- Speaking respectfully to adults, staff members, opponents, officials, and servers
- Leaving facilities clean and orderly

Student-athletes should remember that their conduct reflects directly upon:

- Jesus Christ
- Their family

- Their team
- Trinity Christian School

Failure to demonstrate appropriate travel behavior may result in disciplinary action or loss of future travel privileges.

Trinity Christian Athletics desires to develop student-athletes who compete with excellence while displaying Christlike character in every environment.

PARENT EXPECTATIONS & COMMUNICATION

Trinity Christian Athletics believes a strong partnership between parents, coaches, student-athletes, and school leadership is essential to building a healthy athletic culture.

We desire communication and relationships to reflect Christlike character, mutual respect, humility, and professionalism.

Parents play a vital role in supporting the mission and culture of Trinity Athletics.

Trinity Christian School recognizes parents as the primary influence in the lives and development of their children. Trinity Athletics seeks to support and partner with parents in developing the whole student-athlete—spiritually, academically, physically, emotionally, and relationally. Through athletics, we seek to reinforce biblical truth, model Christlike character, encourage personal responsibility, and help student-athletes grow into the young men and women God has called them to become.

Parent Partnership Expectations

Parents are expected to:

- Encourage and support their student-athlete
- Promote sportsmanship and Christlike behavior
- Support coaches and team culture
- Help student-athletes maintain healthy perspective and balance
- Communicate respectfully and appropriately
- Reinforce the values of Faith First
- Demonstrate encouragement and respect toward teammates, opponents, officials, and other families

Athletics provide opportunities for growth, adversity, perseverance, teamwork, and leadership development. Parents are encouraged to work in partnership with coaches and school leadership as we support the overall growth and development of each student-athlete.

Communication Expectations

Healthy communication is essential to maintaining strong relationships and a positive athletic environment.

Parents are encouraged to:

- Communicate directly with coaches regarding concerns
- Allow student-athletes opportunities to communicate and advocate for themselves when appropriate

- Ask questions only about your student athlete.
- Address concerns respectfully and professionally
- Seek clarification rather than assume intent
- Partner with coaches and administration toward healthy resolution

Communication should always reflect Christlike conduct and mutual respect.

Athletic Communication Platforms

Trinity Christian Athletics utilizes several communication platforms to support athletic operations, scheduling, team communication, and family engagement.

Primary communication platforms may include:

- Bound
- TeamReach
- Email
- Trinity Athletics social media platforms
- School communication systems

Families are responsible for regularly reviewing communication from coaches and the Athletic Department.

Official schedules, updates, announcements, and athletic information should be referenced through approved Trinity Athletics communication platforms whenever possible.

Topics for Parent Discussion

Appropriate Discussion Topics	Not Appropriate Discussion Topics
Athlete well-being	Playing time
Academic concerns	Team strategy
Ways to improve	Lineups
Schedule conflicts	Rotations
Safety concerns	Other athletes

Athletic competition often involves difficult decisions made in the best interest of the team and program.

Parents are encouraged to support coaches and student-athletes through both success and adversity.

24-Hour Communication Guideline

In the event of disagreement or frustration regarding an athletic contest or team situation, parents are asked not to approach coaches prior to, during, or immediately following contests.

Parents should allow an appropriate period of time — generally 24 hours — before initiating discussion regarding concerns or disagreements.

This guideline exists to promote healthy, respectful, and productive communication.

Emergency or safety concerns may always be communicated immediately.

Communication Process

When concerns arise, the following communication process should generally be followed:

1. Student-athlete communicates with the coach when appropriate
2. Parent communicates directly with the coach
3. Parent requests involvement from the Athletic Director if necessary
4. Additional administrative involvement may occur when appropriate

We desire all concerns to be addressed respectfully, professionally, and with a spirit of partnership and reconciliation.

Parent & Spectator Conduct

Parents and spectators are expected to demonstrate Christlike behavior and sportsmanship at all Trinity athletic events.

This includes:

- Respecting officials and opposing teams
- Encouraging athletes positively
- Refraining from confrontational or disruptive behavior
- Avoiding coaching from the stands
- Supporting the overall culture and mission of Trinity Athletics

Trinity Christian School reserves the right to remove spectators whose conduct violates school or league expectations.

Parent Volunteer Opportunities

Trinity Christian Athletics depends heavily upon the partnership, service, and involvement of families to successfully operate athletic programs and events.

As a growing athletic department, many areas of our programs rely on parent support and volunteer participation throughout the school year.

Volunteer opportunities may include:

- Team support
- Team meals
- Concessions
- Event operations
- Gate and ticket support
- Score table or game operations
- Fundraising assistance
- Team parent coordination
- Transportation assistance when appropriate

Once a student-athlete has been selected to a team, families should expect to serve and volunteer in support of the program throughout the season.

While volunteer needs may vary by sport and program, families should anticipate serving in approximately two to three athletic events or volunteer opportunities during each season their student-athlete participates.

Specific volunteer expectations and needs will be communicated by coaches, team leadership, or the Athletic Department.

Trinity Christian Athletics simply cannot operate successfully without the generous involvement and partnership of our families. We are deeply grateful for parents who serve our student-athletes, teams, and school community through their time, encouragement, and support.

Respect for Officials

Contest officials play an essential role in interscholastic athletics and should be treated with respect and professionalism at all times.

Parents, athletes, coaches, and spectators are expected to:

- Refrain from disrespectful comments or gestures toward officials
- Avoid confrontational interactions
- Demonstrate sportsmanship regardless of disagreement
- Recognize the difficulty and responsibility of officiating athletics

Trinity Christian School will not tolerate abusive or inappropriate behavior directed toward officials.

TEAM SELECTION & PLAYING TIME PHILOSOPHY

Trinity Christian Athletics seeks to provide meaningful athletic opportunities while also pursuing competitive excellence and healthy program development.

Participation on an athletic team offers opportunities for growth, leadership, teamwork, accountability, and competition.

As student-athletes mature and levels of competition increase, athletic participation and team roles may differ based upon team needs, skill development, commitment, and competitive readiness.

Team Selection

Team selection decisions are made by the coaching staff with oversight from the Athletic Director.

Factors considered during team selection may include:

- Skill level
- Athletic ability
- Effort and work ethic
- Coachability
- Team attitude and culture fit
- Commitment and attendance
- Positional needs
- Overall team balance

Not all student-athletes who participate in tryouts are guaranteed placement on a team.

Coaching staff will prayerfully and professionally make decisions they believe best serve both the student-athlete, team and the athletic program.

Program Structure

Trinity Christian Athletics may offer multiple levels of competition depending upon participation numbers, program growth, staffing, and league structure.

Programs may include:

- Varsity
- Junior Varsity
- Junior High
- Developmental opportunities

Each level serves a unique role within the overall development of student-athletes and athletic programs.

As student-athletes advance through the athletic program, expectations regarding competitiveness, commitment, accountability, and performance naturally increase.

Playing Time Philosophy

Participation on a Trinity athletic team does not guarantee equal playing time.

Playing time decisions are made at the discretion of the coaching staff based upon factors including:

- Effort
- Attitude
- Attendance
- Preparation
- Coachability
- Team needs
- Competitive performance
- Practice habits
- Sportsmanship
- Understanding of team systems and responsibilities
- Game strategy and best competition arrangement

Coaches are expected to make decisions they believe best serve the team and program while also seeking to develop student-athletes appropriately.

Student-athletes are encouraged to focus on:

- Growth
- Commitment
- Team success
- Leadership
- Perseverance
- Daily improvement

Athlete Development Philosophy

Trinity Christian Athletics believes athletic growth is a process.

Not every athlete develops at the same pace physically, emotionally, mentally, or athletically.

Coaches desire to encourage, teach, and develop student-athletes while helping them:

- Build confidence
- Learn discipline
- Handle adversity
- Compete with humility
- Grow in leadership and teamwork

Student-athletes are encouraged to embrace their role, pursue improvement, and support teammates with a team first attitude regardless of playing time or position.

Multi-Sport Participation

Trinity Christian Athletics encourages student-athletes to participate in multiple sports when appropriate.

Multi-sport participation often supports:

- Athletic development
- Team culture

- School community
- Overall athletic experience
- Relationship building

In-season sports take priority over out-of-season training, camps, open gyms, workouts, and other athletic activities.

Same-Season Multi-Sport Participation

Participation in multiple sports during the same athletic season may be permitted on a case-by-case basis with approval from the Athletic Department.

Student-athletes requesting to participate in multiple sports during the same season may be required to complete a Same-Season Multi-Sport Participation Application.

The purpose of this process is to:

- Ensure the student-athlete is academically capable of handling the additional demands
- Establish clear communication and expectations between coaches, families, and the student-athlete
- Promote the health, well-being, and overall success of the student-athlete
- Minimize scheduling conflicts and misunderstanding

As part of the application process, student-athletes may be required to:

- Identify a primary sport
- Demonstrate satisfactory academic standing
- Maintain healthy attendance and commitment expectations
- Meet with coaches and/or the Athletic Director

Approval for same-season multi-sport participation is not guaranteed and may be adjusted or revoked if concerns arise regarding:

- Academic performance
- Attendance
- Health and recovery
- Team commitment
- Overall student-athlete well-being

The Athletic Department reserves the right to make final determinations regarding same-season athletic participation.

Trinity Christian Athletics desires to develop competitors who pursue excellence while demonstrating humility, perseverance, teamwork, and Christlike character.

Athletic participation should ultimately help prepare student-athletes for lives of leadership, service, discipline, and faithfulness beyond competition.

HEALTH, SAFETY & MEDICAL EXPECTATIONS

The health, safety, and well-being of student-athletes are priorities within Trinity Christian Athletics.

Student-athletes, parents, coaches, and school personnel share responsibility in helping maintain a safe athletic environment.

Participation in athletics involves inherent physical risks. Student-athletes are expected to promptly and honestly communicate any injuries, illnesses, or physical limitations to their coach.

Emergency Situations

In emergency situations requiring medical attention, Trinity Christian School personnel will make reasonable efforts to contact parents or guardians as quickly as possible.

Emergency medical care may be sought when deemed necessary for the health and safety of the student-athlete.

School personnel will remain with an injured student-athlete until appropriate supervision or guardianship has been established whenever reasonably possible.

Trinity Christian Athletics desires to provide a safe and healthy environment where student-athletes can grow, compete, and develop while honoring Christ through athletics.

Student-athlete safety should always take priority over competition.

Injury Reporting

Student-athletes are expected to report all injuries, illnesses, or physical concerns promptly to their coach.

Parents are encouraged to communicate relevant medical concerns or limitations that may impact participation or athlete safety.

Failure to report injuries honestly may place the student-athlete at increased risk for further injury and may result in temporary restriction from participation until it is safe to return.

Medical Clearance & Return to Participation

A physician's release or medical clearance may be required before a student-athlete is permitted to return to athletic participation following injury, illness, surgery, concussion, or other medical concerns.

The Athletic Department reserves the right to withhold participation if concerns exist regarding student-athlete safety or well-being.

Medical clearance documentation should be submitted to the Athletic Department prior to returning to participation.

Concussion Awareness

Head injuries and concussions are taken seriously within Trinity Christian Athletics.

Student-athletes who display symptoms consistent with a concussion may be removed from participation and referred for medical evaluation.

Student-athletes diagnosed with a concussion must complete all required return-to-play procedures and receive appropriate medical clearance before resuming athletic participation.

Parents and student-athletes must communicate honestly regarding concussion symptoms and recovery.

Illness & Participation

Student-athletes should prioritize health and recovery when ill.

As a general expectation, if a student-athlete is too ill to attend school, they are considered too ill to participate in practices, conditioning sessions, or athletic contests that day.

Special circumstances may be reviewed by the coach and Athletic Director when proper communication has occurred.

Medication & Medical Treatment

Trinity Christian coaches and school personnel are limited in the medical assistance they may provide to student-athletes.

Coaches may provide basic first aid assistance when appropriate but may not diagnose injuries or provide medical treatment beyond their level of training and authorization.

Parents are responsible for communicating medical needs, medications, allergies, or emergency concerns relevant to their student-athlete.

Hydration & Environmental Safety

Student-athletes are encouraged to maintain proper hydration, nutrition, rest, and recovery throughout athletic participation.

Coaches and the Athletic Department may modify practices, workouts, or participation expectations due to:

- Heat
- Air quality
- Weather conditions
- Facility concerns
- Student-athlete safety considerations

Student-athletes are expected to communicate honestly if they feel physically unsafe, injured, dehydrated, overheated, or unwell.

Weight Room & Strength Training Safety

Student-athletes utilizing Trinity Christian athletic training or weight room facilities are expected to:

- Follow all coach and supervisor instructions
- Use equipment properly and safely
- Demonstrate maturity and self-control
- Respect equipment and facilities
- Encourage teammates positively
- Avoid horseplay or unsafe behavior

Unsafe conduct, horseplay, or failure to follow weight room expectations may result in removal from workouts or suspension of weight room privileges.

All student-athletes must complete a Trinity Christian Weight Room & Strength Training Waiver prior to participating in strength and conditioning activities or utilizing the school's weight room facilities.

ATHLETIC PARTICIPATION, DISCIPLINE & SPORTSMANSHIP

Participation in Trinity Christian Athletics is both a privilege and a responsibility.

Student-athletes are expected to demonstrate Christlike conduct, sportsmanship, integrity, and self-control in all athletic environments.

The Athletic Department reserves the right to address conduct that negatively impacts:

- Team culture
- Athlete safety or wellness
- Sportsmanship
- School reputation
- Christian witness
- Athletic participation opportunities

The purpose of athletic discipline is restoration, accountability, growth, and the protection of healthy team culture.

Sportsmanship & Conduct Expectations

Student-athletes are expected to:

- Demonstrate respect toward officials, opponents, teammates, coaches, spectators, and school personnel
- Compete with integrity and self-control
- Represent Trinity Christian School with humility and professionalism
- Avoid behavior that is disrespectful, unsportsmanlike, vulgar, threatening, or disruptive

Unsportsmanlike behavior may result in athletic consequences in addition to league-issued penalties.

Technical Fouls, Ejections & Unsportsmanlike Conduct

Student-athletes who receive technical fouls, ejections, yellow cards, red cards, or other sport-specific disciplinary actions for unsportsmanlike conduct may be subject to additional athletic consequences beyond league requirements.

Behavior that may result in discipline includes:

- Disrespect toward officials
- Profanity or inappropriate language
- Taunting or intimidation
- Fighting or physical altercations
- Unsportsmanlike gestures or actions
- Repeated disruptive conduct

Consequences may include but are not limited to:

- Suspension from contests
- Temporary loss of participation privileges
- Team discipline
- Additional conditioning or accountability measures
- Dismissal from the team

All situations will be reviewed on a case-by-case basis by the coaching staff and Athletic Department.

Fighting & Physical Altercations

Student-athletes involved in fighting or physical altercations may be suspended from participation pending review by the Athletic Department and school administration.

Participation in athletics should never involve behavior that endangers others or damages the testimony and culture of Trinity Christian Athletics.

Severe or repeated incidents may result in dismissal from the team or additional school discipline.

Academic Dishonesty

Student-athletes are expected to demonstrate honesty and integrity in all academic work.

Cheating, plagiarism, or other acts of academic dishonesty may result in athletic consequences in addition to school discipline.

Athletics should never take priority over integrity and character.

Student-Athlete Discipline, Suspension & Removal

Participation in Trinity Christian Athletics is a privilege. Student-athletes are expected to demonstrate Christlike character, respect, honesty, self-control, sportsmanship, and responsible conduct whenever participating in or representing Trinity Christian School.

This policy applies to all school-sponsored athletic activities throughout the year, including:

- Tryouts, practices, contests, and team travel
- Summer camps and summer leagues
- Open gyms and offseason workouts
- Strength and conditioning activities
- Team meetings, events, and other program activities

Behavior that violates school, team, or Athletic Department expectations may result in disciplinary action. Consequences may include a warning, reduced participation, removal from an activity,

suspension from practices or contests, loss of team privileges, suspension from an athletic program, or removal from the team or program.

Disciplinary decisions will be made on a case-by-case basis and may consider:

- The nature and seriousness of the behavior
- Whether the behavior created a safety concern
- The effect on teammates, coaches, opponents, or others
- The student-athlete's disciplinary history
- The student-athlete's willingness to accept responsibility
- Previous communication or corrective action
- School policies and applicable CAA requirement

Coaches may address routine behavioral concerns and may immediately remove a student-athlete from an activity when the behavior creates a safety concern, seriously disrupts the program, or requires immediate intervention. The coach must notify the Athletic Director as soon as reasonably possible.

Suspension from a contest or athletic program, or removal from a team or program, must be reviewed and approved by the Athletic Director in consultation with school administration when appropriate. Parents or guardians will be notified of significant disciplinary action and informed of the consequence, its duration, and any requirements for reinstatement.

Unless specifically authorized by the Athletic Director, a suspended student-athlete may not attend or participate in practices, contests, team travel, team activities, or other Trinity athletic events during the suspension.

Reinstatement is not automatic. Before returning, the student-athlete may be required to demonstrate accountability, complete assigned consequences, meet with appropriate school personnel, apologize or make restitution, and satisfy any additional conditions established by the Athletic Director or school administration.

Athletic discipline is intended to promote accountability, restoration, discipleship, safety, and the well-being of the team. Serious or repeated misconduct may result in immediate suspension or removal without progressive consequences. School-issued disciplinary consequences may also affect athletic participation as determined by school administration.

Pay-to-Play fees and other program fees are generally nonrefundable when a student-athlete is suspended or removed from a team or program because of behavioral or disciplinary concerns.

Summer & Offseason Programs

Participation in summer or offseason athletic activities does not guarantee continued participation. A student-athlete may be suspended or removed for unsafe behavior, disrespect, insubordination, bullying, repeated disruption, inappropriate language or conduct, or failure to follow the directions of coaches or supervisors.

Suspension or removal from a summer or offseason program does not automatically determine eligibility for the upcoming season. However, the behavior may be considered when determining future participation, team selection, or conditions for reinstatement.

Registration fees are generally nonrefundable when a participant is suspended or removed due to behavioral or disciplinary concerns.

Restoration & Growth

Trinity Christian Athletics believes discipline should ultimately support growth, accountability, maturity, and restoration.

Whenever possible, the Athletic Department desires to help student-athletes learn from mistakes, grow in character, and restore healthy relationships and team culture.

Sportsmanship and character are essential components of athletic excellence.

ATHLETIC OPERATIONS & GAME DAY EXPECTATIONS

Athletic events, travel, practices, and team activities are extensions of the mission and culture of Trinity Christian Athletics.

Student-athletes are expected to demonstrate preparation, responsibility, professionalism, and Christlike conduct throughout all athletic operations and events.

Practice & Contest Attendance

Student-athletes are expected to attend all scheduled:

- Practices
- Team meetings
- Contests
- Team functions
- Required athletic activities

Attendance and punctuality are important components of team commitment and accountability.

Communication regarding absences should occur directly with the coach as early as reasonably possible.

Repeated unexcused absences or tardiness may result in reduced participation, suspension, or dismissal from the team.

Game Day Expectations

Student-athletes are expected to:

- Arrive on time and prepared for contests
- Follow team dress expectations
- Demonstrate professionalism and sportsmanship
- Encourage teammates positively
- Represent Trinity Christian School with integrity

Student-athletes must attend at least half of their scheduled classes during the school day in order to participate in practices or contests that day unless otherwise approved by administration.

If a student-athlete will miss class due to illness, appointments, travel, or other circumstances, communication should occur between the parent and coach prior to the absence whenever possible.

An approved absence on the school day preceding a weekend or non-school-day contest does not automatically prevent participation. Eligibility will be determined based on the reason for the absence, the student-athlete's health, proper parent communication, and administrative approval when necessary.

Uniforms & Team Equipment

Student-athletes are responsible for the care and return of all issued uniforms and equipment.

Uniforms should:

- Be worn only for approved athletic functions
- Be maintained appropriately
- Not be altered without coach approval
- Be returned promptly at the end of the season

Lost, damaged, or unreturned equipment may result in replacement costs being assigned to the student-athlete.

Facility & Locker Room Expectations

Student-athletes are expected to respect all Trinity Christian facilities as well as facilities visited during athletic participation.

Athletes should:

- Keep facilities clean and orderly
- Respect locker rooms, benches, and equipment
- Avoid horseplay or unsafe behavior
- Demonstrate maturity and self-control
- Leave facilities in better condition than they were found

Disrespectful or destructive behavior may result in disciplinary action and financial responsibility for damages.

Facility Stewardship

Trinity Christian Athletics desires to faithfully steward the facilities, equipment, and resources God has provided to our athletic programs.

Student-athletes, coaches, parents, and spectators are expected to:

- Respect athletic facilities and equipment
- Help maintain clean and orderly environments
- Demonstrate care for school property
- Report damaged or unsafe equipment when necessary
- Leave facilities in excellent condition following practices, contests, and events

Faithful stewardship reflects gratitude, responsibility, and respect for the Trinity Christian community.

Transportation Expectations

Student-athletes are expected to travel with their team to and from athletic contests unless prior arrangements have been approved by the coach or Athletic Department.

Athletes are expected to:

- Arrive on time for departure
- Follow team dress expectations
- Conduct themselves respectfully while traveling
- Follow directions from coaches, drivers, and supervising adults

When a parent or guardian receives approval to transport their student-athlete home from an event and personally checks the student-athlete out with the coach, responsibility for the student-athlete transfers to the parent or guardian.

Transportation arrangements that differ from team travel expectations must be communicated directly to the coach and approved prior to departure whenever possible.

Early Dismissal & Academic Responsibility

Student-athletes are responsible for communicating proactively with teachers regarding missed class time due to athletic travel or events.

Athletes should:

- Complete assignments responsibly
- Communicate respectfully with teachers
- Prepare for missed instructional time in advance whenever possible

Athletic participation should not negatively impact classroom responsibility or academic integrity.

Photography, Livestreams & Media

Athletic contests and events may be photographed, livestreamed, recorded, or shared through Trinity Christian School communication platforms and social media accounts.

Participation in athletics may include appearance in:

- Livestream broadcasts
- Team photography
- Promotional materials
- Social media content
- School publications

The Athletic Department reserves the right to utilize athletic media content in support of school and program communication.

AWARDS, RECOGNITION & ATHLETIC HONORS

Trinity Christian Athletics desires to recognize student-athletes who demonstrate excellence in character, commitment, academics, leadership, teamwork, and athletic participation.

Awards and recognition are intended to celebrate growth, perseverance, sportsmanship, servant leadership, and contributions to the overall culture of Trinity Athletics.

Scholar Athlete Award

The Scholar Athlete Award recognizes student-athletes who demonstrate excellence in academics while participating in athletics. Eligibility and selection criteria are determined by the Athletic Department and school administration.

Varsity Letter Awards

Varsity letters may be awarded to student-athletes who successfully complete a varsity athletic season while demonstrating commitment, character, sportsmanship, excellence in their sport and meaningful contribution to their team and program.

Earning a varsity letter recognizes a student-athlete's commitment, character, sportsmanship, and meaningful contribution to the team and athletic program. Participation on a varsity team does not automatically guarantee the awarding of a varsity letter.

Final varsity lettering decisions are made by the coaching staff in consultation with the Athletic Director.

Warrior's Wreath Recognition

The Warrior's Wreath is one of the highest athletic honors awarded by Trinity Christian Athletics. It recognizes student-athletes who demonstrate long-term commitment to Trinity Athletics by earning a varsity letter during three consecutive academic years while maintaining eligibility and exemplary conduct. This award celebrates perseverance, dedication, leadership, and faithful representation of Trinity Christian School both on and off the field of competition.

Team Awards & Recognition

Individual team awards may be presented at the conclusion of athletic seasons.

Examples may include:

- Leadership Awards
- Coaches Awards
- Most Improved Awards
- Warrior Awards
- Sportsmanship Recognition
- Team MVP Recognition

Coaches are encouraged to recognize student-athletes who positively contribute to team culture, leadership, effort, and Christlike conduct.

Postseason & League Recognition

Student-athletes may receive postseason recognition through:

- Team awards
- Trinity Christian Athletics
- Canyon Athletic Association honors
- All-State recognition
- Other approved athletic organizations

Selection criteria and voting procedures for league honors are determined by the governing athletic association.

Eligibility for Recognition

Student-athletes who are suspended, dismissed, quit a team, or fail to remain in good standing with the athletic program may forfeit eligibility for certain athletic awards or recognitions.

The Athletic Department reserves the right to determine award eligibility based upon conduct, commitment, and program expectations.

Trinity Christian Athletics desires to celebrate student-athletes who pursue excellence while honoring Christ through humility, leadership, discipline, teamwork, perseverance, and service to others.

FINAL PARTICIPATION STATEMENT

Participation in Trinity Christian Athletics is both a privilege and an opportunity to grow spiritually, academically, relationally, and athletically while representing Jesus Christ and Trinity Christian School.

Student-athletes, parents, coaches, and spectators are expected to support the mission, culture, expectations, and standards outlined throughout this handbook.

Faith First should remain evident in the way Trinity Athletics competes, communicates, leads, serves, and represents Christ both on and off the field of competition.

All student-athletes and parents are required to review and acknowledge the Trinity Christian Athletics Handbook annually through the Bound athletic registration process prior to participation.

“Whatever you do, work heartily, as for the Lord and not for men.”
— Colossians 3:23

Soli Deo Gloria

Trinity Christian School reserves the right to modify, update, or revise athletic policies and procedures as necessary. The most current version of the Athletics Handbook will be maintained by the Athletic Department.